Conflict Resolution on Three Levels

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| **Personal** | **Community** | **Global** |
| 1. Listen actively 2. State position clearly 3. Obtain and clarify needed information 4. Develop alternatives from which to choose 5. Lead or facilitate solution through group endeavor | Hearings  Research  Investigative Reporting  Discussion of community issues with various people  Awareness of local news  Letters to editors  Legislations  Community organizing  Neighborhood or town meetings  Executive action  Personal witness  Education | Travel  Study other countries and cultures  Host overseas visitors  Follow international news  Promote and follow international organizations  Use appropriate community counterparts as investigative reporting, etc.  Government leadership  Disarmament movements  United Nations development, research and action  International organization activists |
| 1. Negotiate 2. Mediate 3. Arbitrate 4. Defend oneself nonviolently | Union-Management negotiation  Legislative Debates and negotiations  School board-faculty or parent negotiations  Community mediation centers  School mediation service  Federal labor mediation service  Use of arbitrator like American Arbitration Association person  Use of courts  Organize neighborhood for mutual concern, caring watching, and nonviolent protection  Obtain outside help such as police or community service before acting violently | Diplomacy  Trade Agreements  UN special sessions and General Assembly meetings  Arms negotiations  Special international mediators  World Court  Nonviolent civilian national defense |
| 1. Use “active nonviolence” 2. Use nonresistance | Writing letters  Lobbying  Public speaking  Demonstrating  Voting  Doing relief work  Using boycotts  Using strikes  Picketing  Campaigning  Doing civil disobedience  Using “Alternatives to Violence”  Silent, but open, complete noncooperation with community or cultural custom or with regulation felt to be unjust or unfair | Boycotts  Trade embargoes  Relief work  Peace Corps  Civilian Disobedience  Demonstrations, vigils, etc.  Draft and tax resistance  Complete noncooperation with government, military, and/or foreign policies |